

Assisting An Individual with a Developmental Disability with Feeding Activities for Paraprofessionals

Presented by:
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Objectives

- Identify safe positions for feeding individuals with developmental disabilities
- Understand the modifications for food and liquids
- Understand the definition of “aspiration” and when to report it to the nurse or the therapist
- Identify adaptive equipment that is used to assist in feeding

Safe Positioning for Feeding

For the bedbound individual



Safe Positioning for Feeding

For the bedbound individual



Safe Positioning for Feeding

Individuals in a wheelchair



Regular Wheelchair



Safe Positioning for Feeding

Individuals in a wheelchair



Lateral Supports

Safe Positioning for Feeding

Individuals in a wheelchair



Lateral Supports



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Safe Positioning for Feeding

Individuals in a wheelchair



Neck Supports



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Safe Positioning for Feeding

Individuals in a wheelchair



Wheelchair Straps

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Safe Positioning for Feeding

For individuals with visual impairments



- ALWAYS SET THE SAME WAY

Set Table

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Safe Positioning for Feeding



- So on this plate:
 - Strawberries at 12 o'clock
 - Rice at 3 o'clock
 - Chicken at 6 o'clock
 - Broccoli at 9 o'clock

Safe Positioning for Feeding



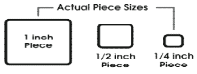
Food Preparations

STOP!

Choking Hazards


If the food you prepare does not meet the individual's Dining Plan, it must **NOT** be served.

Cut to size




Ground

Size of a grain of rice




Pureed

Smooth with no lumps




We help people with developmental disabilities live richer lives



Wash your hands before preparing meals!

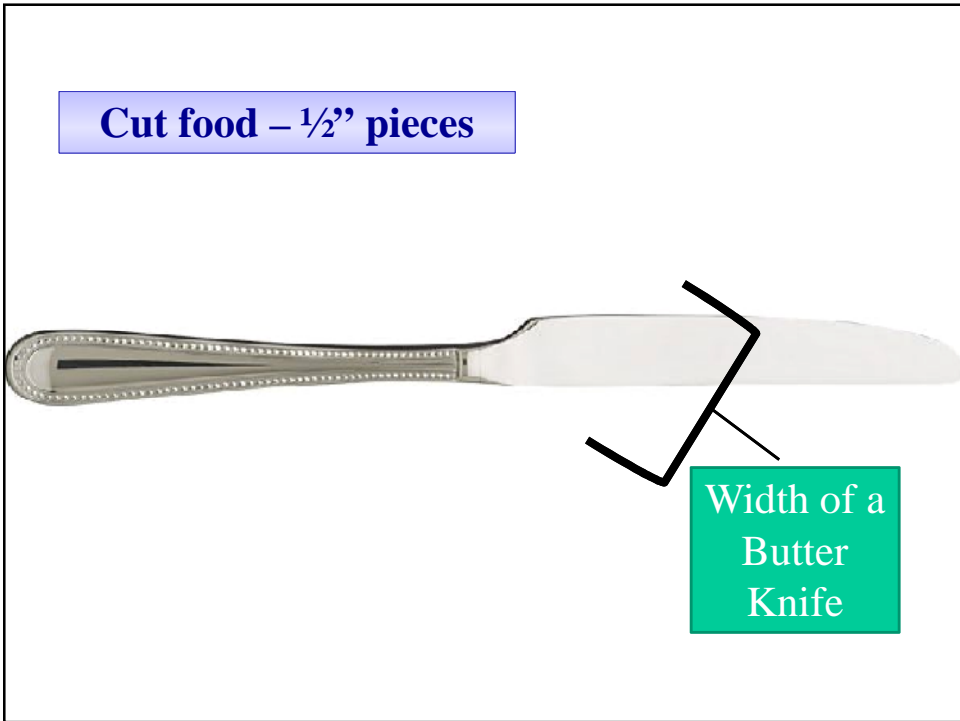
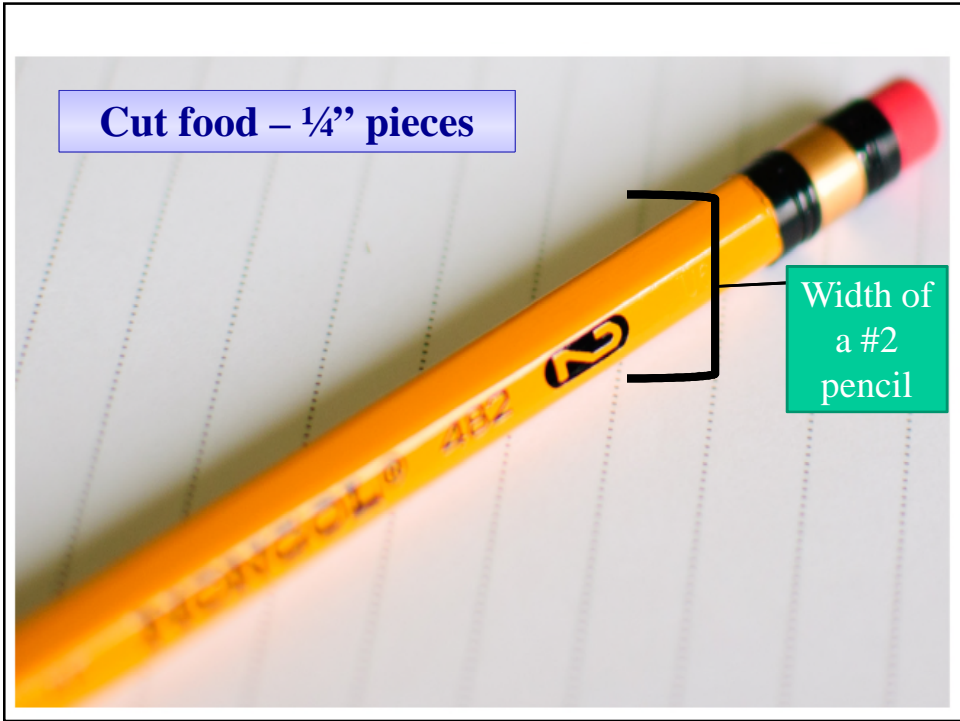
Andrew M. Cuomo
Governor

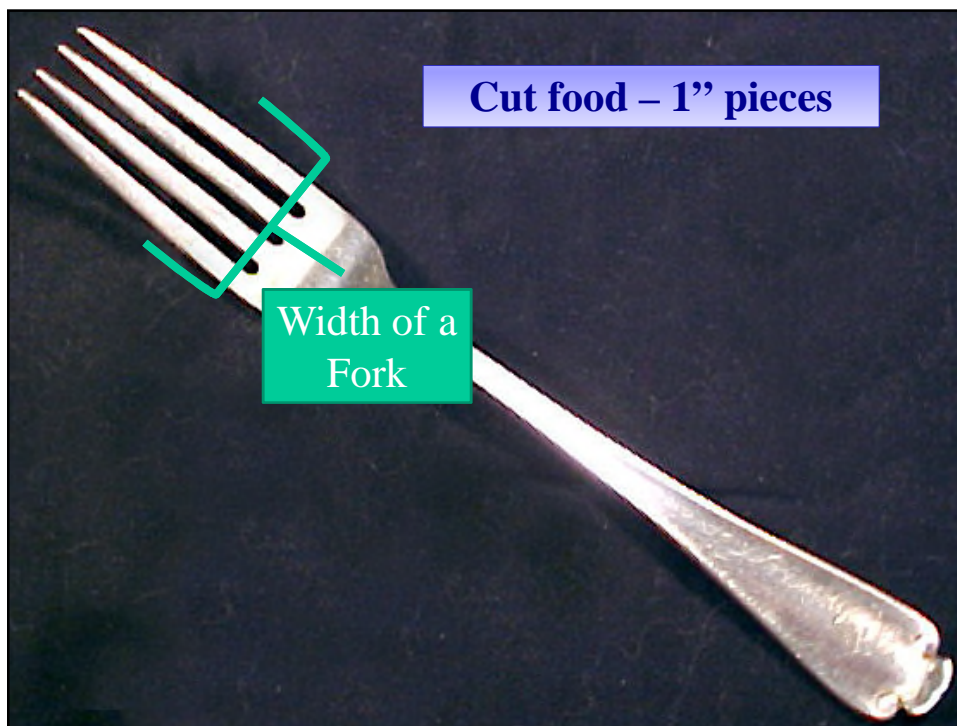
Launa A. Kasey
Acting Commissioner



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Pureed Food – like pudding



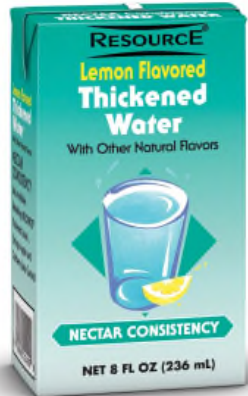
Drink Preparations

- Thick-it Powder



Drink Preparations

- Pre-thickened drinks



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(24 Bottles)

Thin Liquids – No modifications



Nectar Thick Liquids

Like Maple
Syrup



Honey Thick Liquids

Like Honey



pudding Thick Liquids



Aspiration

- Aspiration is defined as the inhalation of food & fluid into the throat and/or the lungs
- Happens with swallowing and coughing

Aspiration Risks

- Being fed by others
- Weak cough
- Poor chewing
- Not sitting up while eating



Aspiration Risks

- Medications that make the person sleepy
- Not following the food plan



Reporting Aspiration

- Eating slowly
- Coughing after meal
- Breathing Hard
- Vomiting
- Refusing to eat, unless it is from “favorite” caregiver



Reporting Aspiration

IF SOMEONE IS CHOKING:

- Stop feeding them
- Keep them upright
- Allow/encourage them to cough
- Call 911 if they can't breathe
- Start CPR



Knowledge Check

- *True or False: A bedbound person should be raised to at least 20 degrees for eating*
- **False – at least 30 degrees**

- *True or False: You should make sure that all of the straps are tightened on the wheelchairs before feeding*
- **True – shoulder straps, legs straps, and lap strap**

Knowledge Check

- *True or False: Coughing after meals and breathing hard while eating are signs that a person may be aspirating food*
- **True**

- *True or False: Pudding thick liquids should be so thick they drop off of a spoon, instead of run off*
- **True**

Kitchen Safety



Kitchen Safety



Kitchen Safety



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Kitchen Safety



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Kitchen Organization



- Make large print labels for groceries

Kitchen Organization



- Follow organization system



- Follow organization system

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Kitchen Cleaning



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Kitchen Cleaning



Adaptive Equipment for Feeding



Built Up Handles

Adaptive Equipment for Feeding



Bent Tip Utensils

Adaptive Equipment for Feeding



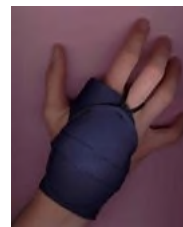
Hand cuff

Adaptive Equipment for Feeding



Weighted Utensils

Adaptive Equipment for Feeding



Person could wear a weight on hand or wrist

Adaptive Equipment for Feeding



Built up dish

Adaptive Equipment for Feeding



Adaptive Cups

Food Transportation



Food Transportation



Food Transportation



Conclusion



Conclusion



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