

Competency Assessment - Skills Checklist

Skilled Nursing

Employee Name: _____

ID #: _____

Date _____

Skills	Self Evaluation Checklist	Competency Demonstrated	Additional Requirements	Comments
Infection Control Measures				
Universal Precautions/BSI				
Bag Technique				
Temperature				
Blood Pressure				
A/R Pulse				
Breath Sounds				
Body Mechanics				
Transfer Techniques				
Sitz Bath				
Foot Care				
Nail Care				
Condom/Texas Catheter				
Indwelling Catheter Care				
Applic. of Leg Bag				
Straight Catheterization:				
Male				
Female				
Intermittent Bladder Irrigation				
Foley Catheter Insertion				
Supra Pubic Catheter				
Supra Pubic Catheter Change				
Clean Catch Urine Specimen				
Sterile Urine Specimen				
Vaginal Irrigation (Douche)				
Biliary Dressing/T.Tube Care				
Ostomy Care/Irrigation:				
Colostomy				
Ileal Conduit				
Enemas:				
Disimpaction				
Admin. Rectal Suppositories				
Fleet Enema				

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Oil Retention Enema				
Cleansing Enema				
Hemocult Testing				
Dressings/Wound Care:				
Dry Sterile Dressing				
Wet to Dry Dressing				
Wound Irrigation				
Unna Boot				
Obtaining C & S of Wound				
Wound cleansers/Hydrophilic Dressings				
Tracheostomy Care:				
Suctioning				
Oral				
Nasopharyngeal				
Tracheal				
Postural Drainage				
Incentive Spirometry				
Oxygen Therapy				
Apnea Monitoring				
Mechanical Ventilation				
Manual Ventilation (Ambu)				
CPR				
Nebulizer:				
Treatment Administration				
Care of Equipment				
Enteral Therapy				
Nasogastric Tube Irrigation				
Nasogastric Tube Insertion				
PEG/Enteral Tube Care				
Tube Feeding:				
Bolus Method				
Gravity Method				
Pump Method				